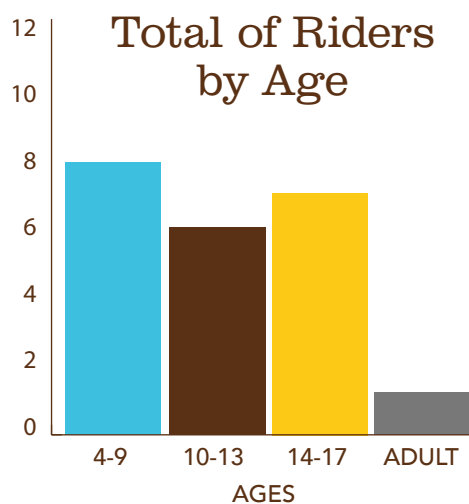
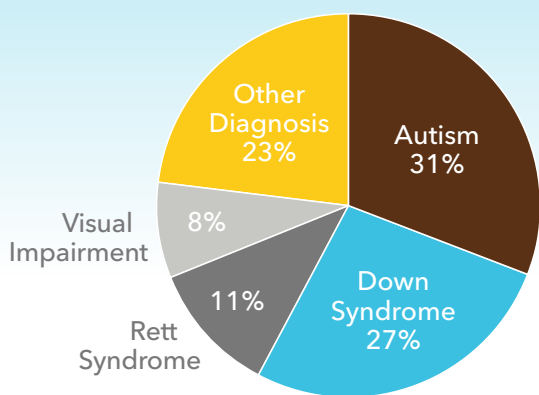




Our Riders in 2022



Jackson is our five-year-old angel. Diagnosed with Angelman syndrome before two, Jackson has a happy personality and always smiles, even with the global developmental delays and lack of speech. His favorite activities include hugs, anything water, running mischievously with toys from his two sisters, and everything farm animals. After completing our first semester with SoléAna Stables, our family is so blessed for the opportunity to be in this community. We have witnessed Jackson's growth not only in his balance and coordination, but also by following commands. Sasha, the staff, and volunteers work tirelessly to ensure our child has a place to belong while furthering his development. I am not certain if it is Jackson or us that look forward to the riding lessons more. The staff and volunteers make our adventures at SoléAna Stables free of stress and judgement, which can be especially difficult to come by.

Thank you, Sasha, staff, volunteers, and to all who support SoléAna Stables.

I hope more parents and children can experience the peaceful and supporting embrace of this community.

—Todd Selby, Jackson's dad



OUR MISSION

To inspire positive change and empower those we serve through the healing power of horses

A Message From Our Executive Director

If you've ever attended a SoléAna Stables event or seen any of our videos, you already know that God put this mission to inspire positive change and empower those we serve through the healing power of horses in our hearts. Through your incredible support, we have been responding to that call for almost a decade and are so proud of how far we have come and the strides our Riders have made.

SoléAna Stables is truly a place of hope for Riders; a place of meaning for our volunteers; and a place of refuge for our parents. We are blessed to continue to serve as many Riders as our volunteer count will allow as we continue to listen to God's calling in our lives.

While our path and purpose appeared straight and clear for many years, in 2022 our roadmap to the future took a sudden and unexpected turn when we realized our ability to grow our program at Big Wish Farm while working to raise enough money to purchase land of our own was no longer feasible.

With the generous support of our amazing community, we came close to securing our own property last year – but God has other plans for us that He has yet to reveal. Thank you for your steadfast support and belief in our mission. God has led us to this point, and I remain as faithful as ever that He will show us the way forward from here. I pray on this every day, and my big ask is that you pray alongside me.

Thank you for your loving support.

Sasha Camacho
Executive Director

2022

Accomplishments



Volunteer
Hours Given
2,061



Lessons Given
607



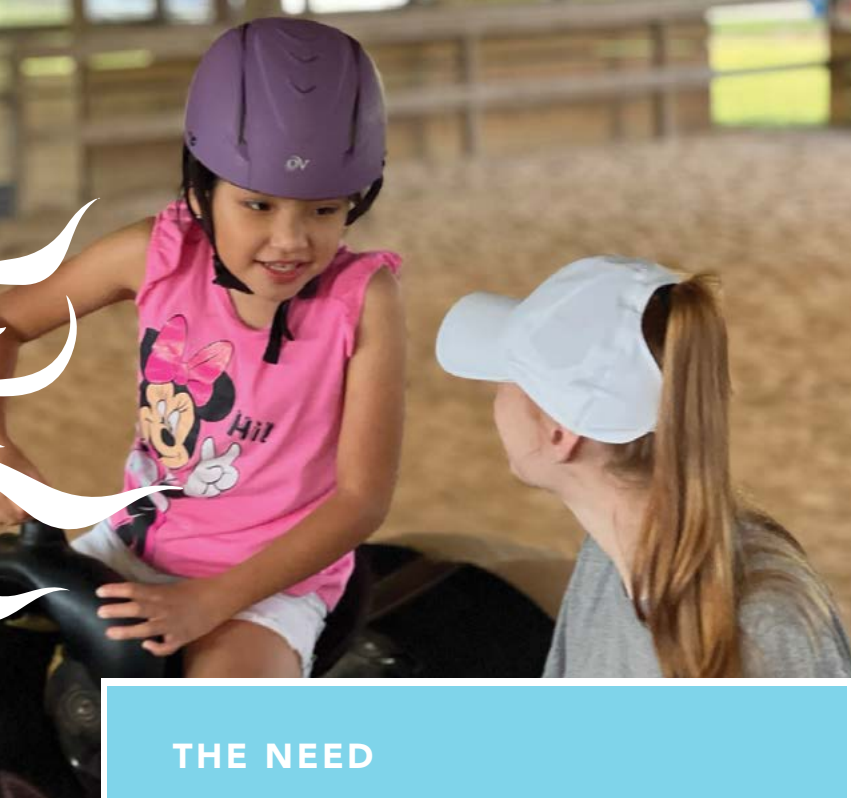
Riders Served
35



Volunteers
Trained
89



People on
Waiting List
111



THE NEED

"Therapeutic riding has been a fundamental part of Azeneth's life. It all started with her not being able to stay on Diego, her favorite horse, for more than five to ten minutes at a time. Every Saturday we did the 40-minute drive each way and never gave up. Four years later and her transformation is beyond extraordinary. When she started riding Diego, she wore a vest for her posture, but after several months of lessons, she no longer needed to wear it. Now she is focused on riding and is able to hold on to the saddle – something she could not do before."

—Brenda Saldivar, Mother of a Rider

Riders who partner with a thousand-pound animal realize achievements they never thought possible. People with disabilities learn through visual, auditory, and kinesthetic methods while learning to ride a horse. The horse's response to the cues given by the rider is natural positive reinforcement and helps riders develop skills.



THE BENEFITS

Physical

- Improved balance, strength, range of motion
- Faster reflex
- Sensory integration

Psychological

- Sense of well-being
- Improved risk-management abilities
- Emotional control, self-discipline

Social

- Improved self-esteem
- Shared experiences
- Interaction with others, animals, nature
- Improved social skills (one-on-one/group)

Educational

- Proven to increase remedial reading, math, and science skills
- Greater listening skills and focus
- Sequencing, patterning, motor planning skills
- Improved eye-hand coordination

OUR VISION

To enrich lives and renew hope

SoléAna Stables was founded in 2014 with the mission to provide people with disabilities an opportunity to live their best lives through therapeutic or adaptive horseback riding. What began as a grassroots effort by the parents of a daughter with Down syndrome is quickly growing into a Houston nonprofit leader providing exceptional equine-assisted activities.



VISION 2025

There is a clear demand for therapeutic riding in greater Houston, and SoléAna Stables is uniquely positioned to offer a compassionate, supportive environment where families can experience the healing power of horses.

Since 2016, SoléAna Stables has partnered with Big Wish Farm as a place to board horses, train volunteers, and host lessons. As this organization continues to expand, finding a forever home on land to call our own has become our biggest need. The growth experienced in 2022 means it is time to expand the facilities and infrastructure to keep SoléAna Stables thriving.



Goals for 2023

- 1 **GROW** program by 36% (addition of 8 riders)
- 2 **GROW** volunteer base by 50%
- 3 **ADD** one equine to herd
- 4 **GROW** donor base by 10%
- 5 **FIND** a forever home
- 6 **LAUNCH** Horses for Heroes
- 7 **LAUNCH** a Capital Campaign



P.O. Box 84955 | Pearland, TX 77584
www.soleanastables.org

