



2023

Your Stables,
Your Impact



Your Dreams, Realized

Remember when you first learned about SoléAna Stables? How did it feel when you first saw your Rider on a horse? Who was in your heart when you heard about our mission for the healing power of horses? 10 years ago, SoléAna Stables was a dream for all of us. Your participation in our program, your contributions to this cause, and your belief in our vision have made that dream come true.

Because of you, our dream to create a program to benefit individuals with disabilities became a reality. Our daughter Solana was born in 2008 with Down syndrome, and she started riding horses four years later, but the initial program she rode with was inconsistent.

The vision for SoléAna Stables came to Andy in 2014 through dreams of horses and pasture. He envisioned a program that gave families hope and welcomed every participant with love and compassion. Alongside prayer and conversation, we felt God's calling on our hearts – to start a program we knew would serve our community and the people we love dearly.

Your support fuels our dedication and eases our fears. You give the benefits of equine-assisted activities to those we serve and make it possible to see the joy-filled faces of our Riders and our Heroes after each lesson at the barn. Your unwavering commitment to SoléAna Stables means we never doubted the impact SoléAna Stables could have on our community.

Today, we are here. 2023 was a year of amazing transformation for SoléAna Stables.

Your contributions – whether prayer, volunteer hours, or financial support – made possible the relocation of our home base and the return of our signature therapeutic riding program. Your gifts successfully launched our Horses for Heroes program serving military community members. We welcomed many volunteers at training sessions and onsite workdays. We greeted friends old and new at our favorite annual events last year – at Spindletop for Boots & Brews and at the Lone Star Flight Museum for Uncorked!

Our focus remains steadfast on our mission to inspire positive change and empower those we serve through the healing power of horses. Thank you for being part of the SoléAna Stables family and for riding alongside us on this incredible journey.

With immense gratitude,



Sasha Camacho
Executive Director
and Co-Founder



Andy Camacho
Co-Founder



The Healing Power of Horses



"From the get-go, it was like a warm security blanket... the number one thing I love about the horses is their heart. You can feel their heart. You can feel that they are very sensitive to who's around them and they want to connect."

–Ashley, veteran and Horses for Heroes participant



"At three years old, Michael rode a horse for the first time. He wasn't walking full-time yet but took to the sport quickly. A year later, when he started school full-time, we made a difficult decision to take a break from horseback riding because the stable his sessions were at was just too far. Thankfully, just over a year later, we heard from SoléAna Stables that they had a spot for Michael! Now, at five years old, he is back in the saddle and loving it! When we arrive for lessons, I can't get him out of the car quickly enough. He rushes to his volunteers and instructor with so much excitement and confidence, and they greet him with the same enthusiasm. Michael spends a lot of time in therapy, working hard for things that come so easily to typical children. Despite his needs, he's still just a little boy who loves to have fun. Riding is perfect for him because although he's still working hard, he just knows he's having a great time!"

–Chelsey Brown, mom



"I feel so blessed to have come across SoléAna Stables! The understanding and love Amelia receives from Amy and the volunteers during and after the session make us so happy! Amelia's favorite part about riding is when she tries new tricks like backward riding or riding lying flat. We are excited to see more progress as we continue with SoléAna Stables!"

–Adilene Garcia, mom



"This program is vital for any and all veterans – not just the people really going through a lot. You can be just living your life and you want a little extra."

–Kayci, veteran and Horses for Heroes participant

Experience
Who We Are



2023 Key Milestones



JULY 21, 2023

Horses for Heroes first lesson

SEPTEMBER 9, 2023

Therapeutic Riding lessons started at our new location

VOLUNTEERS CHANGING LIVES

- 39 New volunteers
- 98 Volunteers (total)
- 1,358 Volunteer hours given

WORKDAYS AT THE BARN

- 4 Barn workdays
- 51 Workday volunteers
- 3 Participating companies:
Dow Chemical | Olin
Power Veterans

WHO WE SERVE

- Nine diagnoses served in our Therapeutic Riding program:
Autism | Anxiety | ADHD | Cerebral Palsy
Developmental delays | Down syndrome
Epilepsy | Hypotonia | Jansen-de Vries syndrome
- 11 veterans in two 8-week sessions of our Horses for Heroes program

OPPORTUNITY IN 2024

Volunteers are a cornerstone of operating and growing our programs. The only way we can roll off the 141 Riders currently on our waitlist is through more volunteers. We can grow our Horses for Heroes program when we have more volunteers who want to work directly with active-duty military and veterans.

SoléAna Stables volunteers change lives, make lifelong friends, and join a community of individuals intent on making a difference. Let us help you find your place at SoléAna Stables!

BECOME A VOLUNTEER!



Your Continued Support and Commitment

Your unwavering support and commitment to the SoléAna Stables mission is clear. What began as a humble, grassroots effort blossomed into a network of generosity. From a modest \$6,000 raised in donations during our first year, we reached \$23,000 in 2015 and nearly hit the \$100,000 mark in 2020. Your gifts in 2021 doubled the 2020 total, and to date, we have raised over a million dollars.

Ten years ago, SoléAna Stables co-founder Andy Camacho had a dream. Thank you for making it a reality. This incredible journey is not possible without your support, so thank you for expanding our impact and helping us reach higher in the years to come.



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SoléAna Stables is a veteran-founded and operated 501(c)(3) nonprofit organization. EIN: 46-5472230