



Tell Me More



Mission

To inspire positive change and empower those we serve through the healing power of horses.

Values

Integrity

We serve our families with honesty, transparency, and respect while upholding the highest ethical standards.

Service/Commitment

We are committed to serving our families with the best standards of care, quality, and personal attention.

Safety

We provide a safe and secure environment for all.

Compassion

We actively listen to fully understand and genuinely empathize with our families.

Inclusivity/Acceptance

We meet our families where they are, and we work to understand their needs from their perspective.

Vision

To enrich lives and renew hope.

Welcome!

We are thrilled by your interest in joining the Board of Directors at SoléAna Stables! Serving on our board is a highly rewarding experience that offers the opportunity to make a meaningful impact in our community. However, it also requires a strong commitment, hard work, and unwavering dedication. We are excited to have individuals like you who are passionate about our mission and willing to contribute their time and expertise to help us further our cause. Thank you for considering this important role in our organization.

Our Program - Today and Tomorrow

Currently, our programs focus on serving people with disabilities and our military community through equine-assisted services. These offerings have already made a significant impact on the lives of our participants, helping them build confidence, develop important life skills, and form meaningful connections with our equine partners.

As we look towards the future, we envision a path of growth and possibility for SoléAna Stables. We are committed to expanding our reach and impact, reaching more individuals who can benefit from our programs. By continually improving and refining our programs, we aim to better serve our community and make a lasting difference in the lives of those we touch.

Our Story

Meet Our Founders



In 2008 our founders Andrew and Sasha Camacho were blessed with a beautiful little girl, Solana Gracia, who was born with Down syndrome. In March 2014, after several years of trying unsuccessfully to find a therapeutic riding program within their community that offered encouragement, growth, and inspiration while providing consistency in lessons, Andrew had a dream: **to start a nonprofit therapeutic riding program that would benefit ALL individuals with special needs.**

He envisioned a place where families could gather without judgment or ridicule, a program where those that felt lost could start to feel a glimmer of hope again and where every individual was accepted for who they are with compassion and love.

That dream catapulted both Andy and Sasha into an area that they did not have much expertise in. During the next two years they spent countless hours volunteering at other therapeutic riding facilities, speaking to Riding Instructors, Program Managers and Executive Directors on the best practices needed to run a premier program.

In July 2016 that dream came true when they welcomed 11 riders into their program. Today, that program serves 25 individuals with special needs and continues to have an ever growing wait list - showing the continued need for this program in their community.

Through Solana they have a renewed sense of compassion, understanding, unconditional love and most importantly the importance of service. While their daughter was the initial inspiration, it was the realization that SoléAna Stables would also touch the lives of countless other individuals with special needs that encouraged them to keep the dream alive.

Our founders, along with the Board of Directors and Volunteers, are determined to make SoléAna Stables a place where families can feel accepted and not judged, loved not forgotten, encouraged not disheartened.

Who We Serve



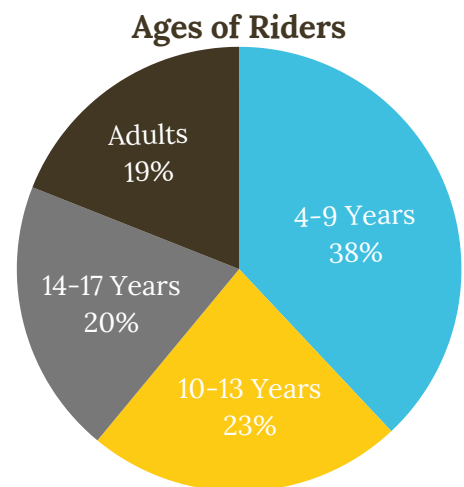
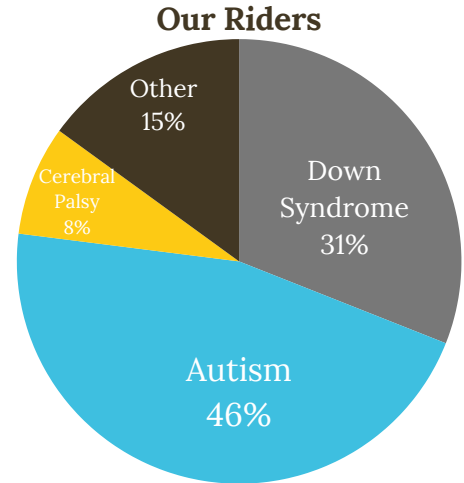
At SoléAna Stables we firmly believe that a disability does not have to limit a person from interacting with horses and provides an excellent outdoor recreational opportunity for our Riders.

Through our horse's patient guidance, Riders are given a safe space to explore, learn, and achieve milestones they might never have dreamed possible.

The joy of riding, the sensation of movement that mirrors theirs, and the trust forged between horse and Rider all contribute to a holistic healing experience that goes beyond the saddle.

As Riders look into the Horse's eyes and touch their coats, they truly feel seen and understood.

Therapeutic riding improves communication, social skills, motor skills, coordination, and sensory processing, and fosters a sense of accomplishment, empowerment, and independence.



Horses for Heroes

Those Who Have Served Our Country Deserve a Safe Community Where They Can Heal

At SoléAna Stables, we recognize the distinctive needs of our military Heroes who have devoted their lives to the service of others, and we offer a no-cost equine experience for active-duty military and veterans through our Horses for Heroes program.

Horses possess an extraordinary capacity for unconditional acceptance, offering genuine feedback without criticism. This trait makes them a safe space where our Heroes can explore their emotions and experiences without fear of judgment. This partnership fosters an atmosphere of trust, **enabling Heroes to delve deep into their personal lives, relationships and past challenges that have been holding them back from living their best lives.**

"Trauma is not a comfortable thing to talk about, but it's vital to start the conversation when you feel safe to, and connect with things around you that provide a sense of calm & peace that can be hard to find. This way, the healing can start. Horses for Heroes has done that and more for me."

- Ashley, Horses for Heroes participant



Participants have expressed:

- Reduced symptoms of PTSD
- Increased self-confidence & self-esteem
- Improved communication & social skills
- Enhanced emotional regulation & stress management
- Strengthened trust & connection with others
- Increased sense of purpose & motivation
- Increased feelings of calm & relaxation

Board Responsibilities

The Board of Directors shall be the face of SoléAna Stables in the community at every opportunity, and will share the purpose of the organization. Board members shall commit time, talent, and treasures, which are the essential reasons for being elected.

SoléAna Stables seeks individuals:

With a passion for our mission
& program

Ready to actively participate in
fundraising duties

With strong personal and/or
professional networks

Ready to advocate in the community

With a background in human
resources, healthcare, finance,
marketing or law

Forward-thinking individuals, ready
to work as a team

Available for monthly meetings

Board Member Fundraising Duties

Identify & evaluate prospects,
cultivate donors and/or solicit gifts

Thank donors promptly & personally

Serve as a personal advocate for
SoléAna Stables

Attend events & promote within your
circle of friends and colleagues

Make a personal annual commitment
to “Get or Give”

Current revenue stream:
Board Member contributions
Individual donations
Rider Tuition
Fundraising Events
Local Grants



Board of Directors



Janet Clark
President

“Servant leadership is all about putting the needs of others first and empowering them to achieve their goals. As a leader, your success is measured not by your accomplishments but by the success of those you serve.”



Gabe Jackson
Vice President



Stacy Virts
Treasurer



Bridget Wright
Secretary



Amanda Wood
Member



Ashley Parsons
Member



Monique Johnson
Member

SoléAna Stables Staff



Sasha Camacho
Executive Director



Jasmine Singh
Development Director



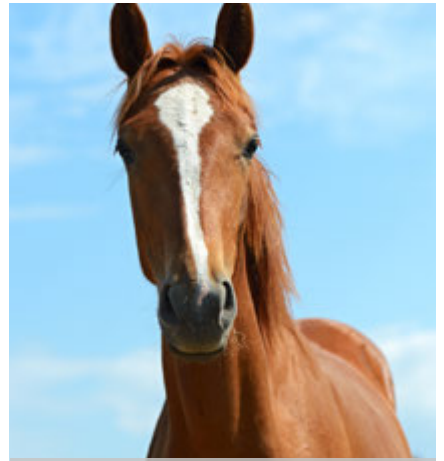
Amy May
Instructor-PATH Intl CTRI



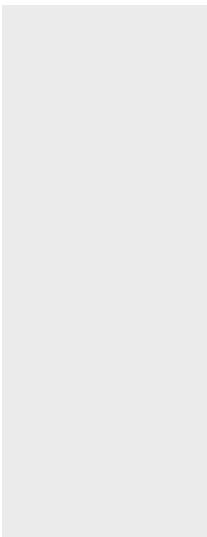
Karen Dorn
Instructor-PATH Intl CTRI



Katelyn Del Angel
Instructor-PATH Intl CTRI



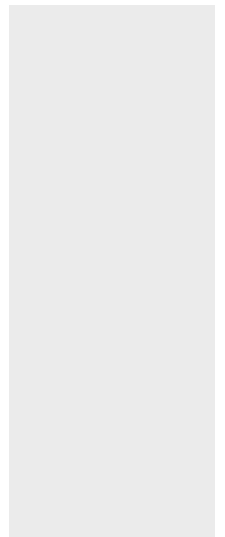
Jasmin Full
Lesson Assistant



Laura Timmons
Volunteer Coordinator



Chucky Barbour
Equine Manager



Calendar of Events

April - [Crawfish Boil](#) (Board & Staff Appreciation)

May - [Salute & Sip](#) (Fundraising event at Giant Texas Distillers)

September - [Uncorked](#) (Fundraising event at Lone Star Flight Museum)

October - [Board Retreat](#)



We hope you will join our Board of Directors and help to further our mission of inspiring positive change and empowering those we serve through the healing power of horses. To find out more or apply, please visit our website:

www.soleanastables.org/boardmembership