



*Inspiring positive change and
empowering those we serve through
the healing power of horses*

2024 IMPACT REPORT



A Message from our Executive Director

As I reflect on the past year, I am filled with immense gratitude. From settling into our new home in Angleton to welcoming new families into our programs and adding new horses to our herd, 2024 provided us with numerous reasons to be thankful (not to mention celebrating our 10th anniversary!) **Your generosity and unwavering support have been instrumental in all the wonderful achievements we have accomplished over the past year.**

Throughout 2024, we had the privilege of providing over 700 therapeutic riding lessons! Whether it was assisting children with autism in improving their social skills or engaging in activities like basketball on horseback to boost core strength and balance, the impact of our therapeutic riding program has been truly remarkable.

Our Horses for Heroes program welcomed 29 veterans and active-duty military personnel in 2024, offering them a sense of peace and connection, and an opportunity to rediscover themselves. Surrounded by the gentle strength and understanding of our equine partners at SoléAna Stables, we witnessed the transformative impact these experiences had on their well-being.

None of this would have been possible without YOU. Whether you are a donor, a volunteer, a family member who has entrusted us with your loved one, or a brave veteran who took the first step in your healing journey, we could not have done it without you. Your generosity, dedication, and courage are the reason we are here today.

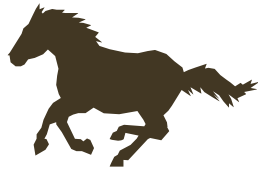
And as the saying goes, **THE BEST IS YET TO COME!** In 2025, we are committed to growing all programs and evolving to meet the needs of those we serve. With the continued support of our donors, volunteers, and community, the possibilities are endless! Thank you for being a part of our story, and here's to the next 10 years of making a difference together.

P.S. I love to give barn tours so please reach out to me so I can meet you at the barn and introduce you to my favorite horse (spoiler alert...it's Diego)!

With heartfelt gratitude,
Sasha Camacho, Executive Director & Co-founder

A handwritten signature in black ink, appearing to read 'Sasha', with a large, elegant loop at the end.

GRATEFUL



LESSONS GIVEN: 702



RIDERS SERVED: 32



VETERAN LESSONS GIVEN: 232



VETERANS SERVED: 29



VOLUNTEER HOURS GIVEN: 2,491



VOLUNTEERS TRAINED: 119

OUR ACCOMPLISHMENTS





When I first started coming to SoléAna Stables, I was apprehensive. Horses seemed intimidating, and I wasn't sure what to expect. But as I spent more time with Major, I realized that he wasn't as scary as I had imagined. In fact, he seemed to understand me in a way that few others did. **Working with him helped me see things from a different perspective and provided me with a much-needed break from the challenges of everyday life.**

As a combat veteran and a mother to a son with special needs, my days are filled with unique struggles. The constant care and attention my son requires can be overwhelming, and the weight of my past experiences can be difficult to bear. But the horses at SoléAna Stables have taught me valuable lessons that have resonated deeply with me.

I learned that just like with my Airmen, I can't force anyone to do something they don't want to do. Understanding, patience, and trust are key. **The horses showed me that clear communication and building a connection are essential in any relationship. They don't judge or argue back; they simply wait for us to understand them better.** This realization has had a profound impact on how I approach not only my son but also other relationships in my life.

Through the horses, I found a sense of peace and understanding that I had been searching for. While traditional coping mechanisms may not always work for me, being with the horses, talking to them, and simply being present in their company has been incredibly therapeutic. **It's a sanctuary away from the chaos, a place where I can just be.**

The community at SoléAna Stables has become a source of strength and support for me, and I am grateful for the opportunity to be a part of it. They provide a safe space where healing can take place, where lessons are learned, and where bonds are formed. **SoléAna Stables' dedication to empowering individuals through the healing power of horses is truly remarkable, and I am forever grateful for the impact they have had on my life.**

Isaac was born with a little extra - an extra chromosome that brings with it challenges like intellectual delay, epilepsy, and hypotonia. These difficulties make everyday tasks a mountain to climb, and finding effective therapy was a struggle. Until we found SoléAna Stables.

At SoléAna Stables, Isaac found a place where he could thrive, where his challenges were met with understanding and compassion. The therapeutic riding program not only provided physical and behavioral therapy but also a sense of belonging and purpose that I had never seen before.

Working with the horses has given Isaac the chance to exercise his upper body, to learn to groom the horses, and ride them. And the best part? He doesn't even realize he's getting that much-needed exercise. Through this unique experience, Isaac has been able to learn his colors, shapes, and foods in a way that a classroom could never provide. The one-on-one attention and the gentle guidance of the volunteers have opened up a world of possibilities for him.

But perhaps the most beautiful transformation I have witnessed is in Isaac's interactions with others. Through the horses and the volunteers, he is learning to connect with people who are different from him. He knows all the horses' names, can tell them apart (even better than I can!), and is learning to steer, stop, and go with confidence. The gratitude he expresses towards the horses after each session brings tears to my eyes.

Every Friday, when we take Isaac out of school to come to SoléAna Stables, I am reminded of the incredible journey we are on. We are still working on focus, on those days when Isaac's attention wanders, but the progress we have seen is nothing short of a miracle. **SoléAna Stables has given my son a chance to learn, to grow, and to shine.**

As a mother, I am so thankful for everyone at SoléAna Stables for being a part of Isaac's journey towards a brighter future.



Lila



"Lila has autism and situational mutism one of her most prominent symptoms. She struggles to communicate with most people outside of her immediate family and often needs to communicate through one of her beloved stuffies. **Everyone at SoléAna Stables has been so accepting and loving with Lila. She adores going to therapy and is now able to communicate in more ways.** Learning to ride horses with her instructor and the volunteers has been a safe loving place for her to develop important life skills."

Staff



"Over the past two years, the SoléAna Stables family has grown exponentially, with each of us bringing our unique gifts and talents to the program. **As staff members, we have witnessed firsthand the transformative impact that our programs have had on those we serve.** We have seen individuals overcome challenges, build confidence, and find joy and peace in the presence of these majestic animals.

We are honored to be a part of this journey!"

Richard



"Being able to participate in this program has been a great blessing for Richard and our Family. Not only has he faced new experiences and developed new skills, but he's also connected with old friends and made new ones. **It has provided our whole family with opportunities for bonding - the kids love being at the stables!**"

Diego



"¡Hola amigos! Me llamo Diego & **I am the horse that started it all!** Over the years, I've met so many amazing riders, and I've tried my best to give them the perfect introduction to therapeutic riding. Over the past year, I've also had the privilege of working with veterans in our Horses for Heroes program. I love helping them learn about horses as well as themselves, and I especially love all the hugs, grooming time, and new lessons we learn together!"

Scuddy



"The Horses for Heroes program has become an integral and transformative part of my life. **Having struggled with PTSD and depression for many years, this program has shown me powerful ways to better understand and manage my feelings.** The impact it's had on my life has been nothing short of life changing. The healing power of horses is undeniable, and I am forever grateful for SoléAna Stables and the amazing work that happens there!!!"

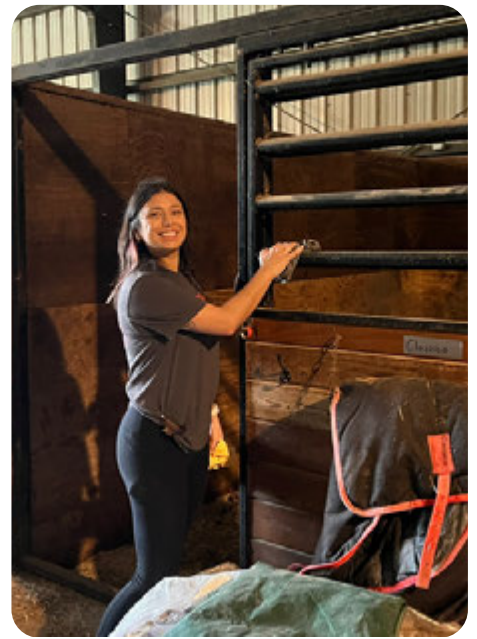
Abby



"SoléAna Stables is where Abby discovers the unwavering support of her instructor, Amy, the dedication of volunteers who generously give their time, and the comforting presence of Diego, her beloved horse. **In Abby, I witness the determination she brings to every task and the compassion and tenderness she shows Diego.** SoléAna Stables is the place where Abby encounters opportunities for growth, enjoyment, and new adventures."

Making a Difference

JOIN US AT THE BARN



"I am a member of Dow's Disability Employee Network (DEN). Through DEN, I received notice of a Work Day at SoléAna Stables in the fall of 2023 and jumped at the opportunity to serve, alongside my 11-year-old daughter and coworkers. **In those few hours, we fell in love with the horses, staff and volunteers at SoléAna; they were extremely welcoming people and gentle animals.** My daughter and I both battle depression and on the way home we discussed our future with SoléAna - she would join their therapeutic riding program and I would serve there. We were all in! **I'm forever grateful to have found this organization through my employer work day.**"

Joe Kukla, SoléAna Stables Volunteer

BECOME A VOLUNTEER!





CONTACT US!

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Experience
Who We Are

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SoléAna Stables is a veteran-founded and operated 501(c)(3) nonprofit organization. EIN: 46-5472230